




Curriculum Vitae

LINDSAY TILL HOYT

Youth Development, Diversity, and Disparities (3D) Lab

 lhoyt1@fordham.edu  3dyouthresearch.com  @3dyouthresearch

**PROFESSIONAL POSITIONS**

---

Associate Professor of Applied Developmental Psychology	2022 -
Director, Doctoral Program in Applied Developmental Psychology	2024 -
Associate Chair of Undergraduate Studies at Rose Hill	2022 - 2024
Assistant Professor of Applied Developmental Psychology	2015 - 2022
Department of Psychology, Fordham University	
Robert Wood Johnson Foundation Health & Society Scholar	2013 - 2015
School of Public Health, University of California, Berkeley, CA	
Center for Health and Community, University of California, San Francisco, CA	
Project Coordinator	2005 - 2007
Center for Community Research, DePaul University, Chicago, IL	

**EDUCATION**

---

Ph.D., Human Development and Social Policy, Northwestern University	2013
M.A., Human Development and Social Policy, Northwestern University	2010
B.A., Psychology and Peace Studies, University of Notre Dame	2005

**AWARDS AND FELLOWSHIPS**

---

Fordham-NYU Research Fellow	2024 - 2025
Fordham Center for Community Engaged Learning Faculty-Led Initiative Award	2023 - 2024
Science Faculty Mentor of the Year, Fordham College Rose Hill	2022
Rising Star Award, Association for Psychological Science	2019
Fordham Faculty Fellowship	2019
Outstanding Service Award, Collegiate Science and Technology Entry Program (CSTEP)	2018
Robert Wood Johnson Foundation Health & Society Scholars Fellowship	2013 - 2015
SECC Dissertation Funding Award from the Society for Research in Child Development	2012 - 2013
American Association of University Women (AAUW) Dissertation Fellowship	2012 - 2013
Society, Biology, and Health Cluster Fellowship, Northwestern University	2009
Institute for Policy Research Fellowship, Northwestern University	2008
Psi Chi, National Honors Society in Psychology	2005

**SPONSORED RESEARCH**

---

Active

*The 3E Study: Economic and Educational Contributors to Emerging Adults' Cardiometabolic Health* 2023 - 2027  
R01HL160703-01A1 NHLBI (\$3,796,708)  
Role: Principal Investigator (MPI: Dr. Cohen, UCSF)

*Administrative Supplements for 3E Study (MPIs Hoyt & Cohen)*

- Diversity Supplement (\$62,290) to support Cristina Zavala (Undergraduate student, CSU East Bay)
- Diversity Supplement (\$272,482) to support Dr. Andrea Lopez (Assistant Professor, CSU Bakersfield)
- U3 Interdisciplinary Research Administrative Supplement (\$204,489) for “Eating Disorders among Latina Emerging Adults” 1R01HL160703-01A1S2

*Economic Stressors and Opportunities as Influences of Emerging Adult Oral Health* 2024 - 2027  
U01DE033953-01 NIH/NIDCR (Total: \$3,942,330,825, Fordham: \$170,000)  
Role: Co-Investigator (PI: Dr. Chaffee, UCSF)

*Collaborative Research: Puberty and Sociocultural Experiences among Mexican-American Boys* 2019 - 2024  
NSF, Developmental Science #1917702 (Total: \$714,731, Fordham: \$114,802); NCE to 2024  
Role: Co-Principal Investigator (Co-PIs: Drs. Zeiders & Wilkinson-Lee, University of Arizona)

Under Review

*Sleep-CC: A Longitudinal Study of Economic & Educational Exposures and Sleep among Community College Students*  
R01 NIH/NHLBI (Submitted July 2023)  
Role: Principal Investigator (MPI: Dr. Cohen, UCSF)

Completed

*Sleep Disturbance and Inhibitory Control as Proximal Predictors of Suicidal Ideation and Behavior: A Daily Diary and Actigraphy Study of Young Adults* 2020 - 2023  
R21 MH124902 NIMH (\$232,888); NCE to 2023  
Role: Co-Investigator (PI: Dr. Andover, Fordham)

*Social Network Analysis of Puberty, Activity Behaviors, and Health Disparities* 2018 - 2022  
R21 NR017154 NINR (\$453,321); No-Cost Extension to 2022  
Role: Co-Principal Investigator (Co-PI: Dr. Pachucki, UMass-Amherst)

*Examining Adolescent Outcomes of Severe Temper Outbursts in Childhood* 2017 - 2022  
R15 MH115356 NIMH (\$460,970); No-Cost Extension to 2022  
Role: Co-Investigator (PI: Dr. Roy, Fordham)

*COVID-19 Antibody Prevalence in a National Sample of College Students* 2020  
Pilot Funding from the Adolescent and Young Adult Health Research Network (\$7,000)  
Maternal and Child Health Bureau, Health Resources and Services Administration of the U.S. Department of Health and Human Services, Cooperative Agreement (UA6MC27378; PI, Elizabeth Ozer, UCSF).  
Role: Principal Investigator

*Exploring College Students' Commitments to Civic Values in the Coronavirus Era: A National Survey* 2020  
USF Jesuit Foundation and Fordham University Department of Research (\$7,500)  
Role: Co-Investigator (PI: Dr. Cohen, University of San Francisco)

*Meaningful Social Roles in Early Adolescence* 2018 - 2019  
Pilot Funding from the Adolescent and Young Adult Health Research Network (\$9,625)  
Maternal and Child Health Bureau, Health Resources and Services Administration of the U.S. Department of Health and Human Services, Cooperative Agreement (UA6MC27378; PI, Elizabeth Ozer, UCSF).  
Role: Co-Principal Investigator (Co-PI: Dr. Ballard, Wake Forest School of Medicine)

- Exercise, Executive Functioning and Positive Youth Development* 2018 – 2019  
Fordham University Faculty Research Grant (\$6,500)  
Role: Principal Investigator
- Puberty, Race/Ethnicity, and Environmental Influences on Positive Youth Development* 2017 – 2018  
Fordham University Interdisciplinary Research Award (\$10,000)  
Role: Co-Principal Investigator (Co-PI: Dr. Smith)
- Youth Civic Engagement and Health* 2016 – 2017  
Pilot Funding from the Adolescent and Young Adult Health Research Network (\$8,000)  
Maternal and Child Health Bureau, Health Resources and Services Administration of the U.S. Department of Health and Human Services, Cooperative Agreement (UA6MC27378; PI, Elizabeth Ozer, UCSF).  
Role: Co-Principal Investigator (Co-PI: Dr. Ballard, Wake Forest School of Medicine)
- Developmental Predictors of Health across the Transition from Adolescence to Young Adulthood* 2014 – 2015  
Robert Wood Johnson Foundation Seed Grant (\$22,450)  
Role: Principal Investigator

## **PUBLICATIONS**

---

\* Denotes student author under my mentorship † Denotes co-first authors (i.e., these authors contributed equally)

### Peer-reviewed Publications (65)

1. Kornbluh, M., Abraczinkas, M., **Hoyt, L.T.**, Bell, S. Kuchera, M., & Thomas, L. (2024). Navigating the institutional review board and other institutional entities: An ode to aspiring YPAR scholars. In press at the *American Journal of Community Psychology*. See <https://osf.io/4j3sb/>
2. \*Johnson, J.B., Versey, H.S., Burke, N.L., & **Hoyt, L.T.** (2024). Using an Intersectional Lens to Explore Civic Behavior, Discrimination, and Well-Being among Emerging Adult Black Women. *Youth*, 4(3), 1095-1111.
3. \*Maker Castro, E., Cummings, J., Martinez Montaña, B., Vyas, K., **Hoyt, L.T.**, & Cohen, A. K. (2024). Establishing a Reciprocal and Recursive Relationship Between Sociopolitical Development and Wellbeing for Early Emerging Adult College Students When “There Was a lot Happening in Both the World... and Within My Own Personal World”. *Journal of Adolescent Research*, 07435584241256603.
4. \*Mantina, N. M., \*Ngaybe, M. G. B., Zeiders, K. H., \*Osman, K. M., Wilkinson-Lee, A. M., Landor, A. M., & **Hoyt, L.T.** (2024). Latinx youth’s and parents’ covid-19 beliefs, vaccine hesitancy and vaccination rates: Longitudinal associations in a community sample. *PLOS ONE*, 19(7), e0307479.
5. Pachucki, M. C., **Hoyt, L.T.**, Niu, L., Carbonaro, R., Tu, H. F., Sirard, J. R., & Chandler, G. (2024). Disentangling associations between pubertal development, healthy activity behaviors, and sex in adolescent social networks. *PLOS ONE*, 19(5), e0300715.
6. \*Yazdani, N., **Hoyt, L.T.**, \*Pathak, A., \*Briestone, L., Cohen, A.K. (2024). Inequalities in college students’ sleep during the COVID-19 pandemic. In press at *Journal of American College Health*.
7. \*Ferrara, E., \*Lee, H., \*Stadterman J.G., \*Somekh, M. R., \*Hirsch, E., \*Keesey, R., Cham, H., **Hoyt, L.T.**, & Roy, A. K. (2024). Novel Assessment of the Impact of Irritability on Physiological and Psychological Frustration Responses in Adolescents. *Journal of Clinical Child & Adolescent Psychology*. E-pub ahead of print (doi: 10.1080/15374416.2024.2301753).
8. \*Chaku, N., Curtis, C.A., **Hoyt, L.T.**, Zeiders, K. H., \*Niu, L., \*Sarsar, E., & Nair, R. L. (2023). Civic engagement, discrimination, and sleep health among youth of color. *Journal of American College Health*. PMID: 36796083.

9. Bazo-Alvarez, J. C., Bazalar-Palacios, J., Quiñones-Negrete, M. M., Ipanaqué, M., Cjuno, J., **Hoyt, L.T.**, Bennet, C.R., & Cohen, A. K. (2023). COVID-19-Related Experiences and Perspectives of Peruvian College Students: A Descriptive Study. *Health Education & Behavior*, 10901981231216738.
10. \*Niu, L, **Hoyt, L.T.**, Shane, J., & Storch, E.A. (2023). Associations between subjective social status and psychological well-being among college students. *Journal of American College Health*, 71(7) 2044-2051. (First published online in 2021)
11. \*Quiles, T. B., **Hoyt, L.T.**, Dotson, M. P., Castro, E. M., May, M., & Cohen, A. K. (2023). Who has to act? A qualitative exploration of emerging adults' critical consciousness during the COVID-19 pandemic. *American Journal of Community Psychology*, 71(1-2), 136-146. Special Issue on "Racial reckoning, resistance, and the revolution: A call to community psychology to move forward."
12. \*Suzuki, S., **Hoyt, L.T.**, \*Yazdani, N., Kornbluh, M., Hope, E. C., Hagan, M. J., Cohen, A.K., & Ballard, P. J. (2023). Trajectories of sociopolitical stress during the 2020 United States presidential election season: Associations with psychological well-being, civic action, and social identities. *Comprehensive Psychoneuroendocrinology*, 16, 100218.
13. **Hoyt, L.T.**, Dotson M.P., Suleiman A.B., Burke N.L., \*Johnson J.B., Cohen A.K. (2023) Internalizing the COVID-19 pandemic: Gendered differences in youth mental health. *Current Opinion in Psychology*, 52, 101636. (Invited paper for special issue *Generation COVID: Coming of Age Amid the Pandemic*)
14. Suleiman, A.B., **Hoyt, L.T.**, & Cohen, A.K. (2023). "It Was Definitely like an Altered Social Scene": Effects of the COVID-19 pandemic restrictions on U.S. adolescents' social relationships. *Youth* 3(1), 18-32.
15. †Ballard P.J., †**Hoyt L.T.**, & \*Johnson J. (2022). Opportunities, challenges, and contextual supports to promote enacting maturing during adolescence. *Frontiers in Psychology*, 13, 954860.
16. Ballard, P.J., **Hoyt, L.T.**, \*Yazdani, N., Kornbluh, M., Cohen, A.K., & Hagan, M. Election-related sociopolitical stress and coping among college students in the United States (2022). *Journal of American College Health*. E-pub ahead of print (doi: 10.1080/07448481.2022.2117556).
17. \*Brown, A.M., Zeiders, K.H., \*Sarsar, E., **Hoyt, L.T.**, & \*Nair, R.L. (2022) "When the political becomes personal": evaluation of an elected president, election distress, and college students' psychological well-being. *Journal of American College Health*. E-pub ahead of print (doi: 10.1080/07448481.2022.2145896).
18. \*Chaku, N., \*Barry, K., \*Fowle, J., & Hoyt, L. T. (2022). Understanding patterns of heterogeneity in executive functioning during adolescence: Evidence from population-level data. *Developmental Science*, 25(6), e13256.
19. \*Dotson, M. P., **Hoyt, L. T.**, & Cohen, A. K. (2022). 'Unsuitable' environments: A qualitative study of US college youth learning online while sheltering-in-place in spring 2020. *Journal of Youth Studies*, 27(2), 161-177.
20. \*Dotson, M.P., \*Magid, N.T., \*Maker Castro, E., **Hoyt, L.T.**, Suleiman, A.B., & Cohen, A. (2022). Emotional distancing': Change and strain in U.S. young adult college students' relationships during COVID-19. *Emerging Adulthood*, 10(2), 546-557.
21. \*Dull, B.D., **Hoyt, L.T.** & \*Chaku, N. (2022). White adolescents' perceived racial context: Associations with critical action. *Child Development*, 93 (6), 1698-1712.
22. Kornbluh, M., Davis, A., **Hoyt, L.T.**, Cohen, A., & Ballard, P. (2022). Exploring civic behaviors amongst college students in a year of national unrest. *Journal of Community Psychology*, 50(7), 2950-2972.
23. Pace, T.W.W, Zeiders, K.H., Cook, S., PhD, Sarsar, E., **Hoyt, L.T.**, Mirin, N., Wood, E.P., Tatar, R., & Davidson, R.J. (2022). Feasibility, acceptability, and preliminary efficacy of an app-based meditation intervention to decrease firefighter psychological distress and burnout: A one-group pilot study. *JMIR Form Res.* 6(6), e34951.

24. \*Yazdani, N., **Hoyt, L.T.**, \*Maker Castro, E., Cohen, A.K. (2022). Sociopolitical influences in early emerging adult college students' pandemic-related civic engagement. *Emerging Adulthood, 10*(4), 1041-1047.
25. \*Chaku, N., **Hoyt, L.T.**, & \*Barry, K. (2021). Executive functioning profiles in adolescence: Using person-centered approaches to understand heterogeneity. *Cognitive Development, 60*, 101119.
26. Cohen A.K., **Hoyt L.T.**, \*Nichols CR, \*Yazdani N., \*Dotson M.P. (2021) Opportunities to reduce college students' COVID-19-related risk behaviors: Insights from a national, longitudinal cohort study. *Journal of Adolescent Health, 69*(3), 383-389.
27. \*Dull, B.D., **Hoyt, L.T.**, Grzanka, P.R. & Zeiders, K.H. (2021). White guilt and civic action: The role of civic values. *Journal of Youth and Adolescence, 50*, 1081-1097.
28. **Hoyt, L. T.**, Cohen, A. K., \*Dull, B.D., \*Maker Castro, E., \*Yazdani, N. (2021). "Constant stress has become the new normal": Stress and anxiety inequalities among U.S. college students in the time of COVID-19. *Journal of Adolescent Health, 68*(2), 270-276.
29. **Hoyt, L.T.**, \*Chaku, N., \*Barry, K., \*Anderson, G., & Ballard, P.J. (2021). Enacting maturity during adolescence: Extending theory, developing a measure, and considering implications for problem behaviors. *Applied Developmental Science, 26*(4), 657-678.
30. **Hoyt, L.T.**, Zeiders, K.H., \*Chaku, N, \*Niu, L., Cook, S. (2021). Identifying diurnal cortisol profiles among young adults: Physiological signatures of mental health trajectories. *Psychoneuroendocrinology, 128*, 105204.
31. \*Maker Castro, E., \*Dull, B., **Hoyt, L.T.**, Cohen, A. K. (2021). Associations Between Critical Consciousness and Well-Being in a National Sample of College Students During the COVID-19 Pandemic. *Journal of Community Psychology, 50*(2), 760-777.
32. \*Niu, L., Brown, J. L., **Hoyt, L. T.**, Salandy, A., Schlecht, N. F., Viswanathan, S., Diaz, A. D. (2021). Profiles of childhood maltreatment: Associations with sexual risk behavior during adolescence in a sample of racial/ethnic minority girls. *Child Development. 92*(4), 1421-1438.
33. \*Niu, L, **Hoyt, L.T.**, Pickering, S., Schlecht, N.F., Burk, R.D., Diaz, A. (2021). Neighborhood profiles and body mass index trajectory in female adolescents and young adults. *Journal of Adolescent Health, 69*(6), 1024-1031.
34. Suleiman, A.B., Ballard, P.J., **Hoyt, L. T.**, & Ozer, E.J. (2021). Applying a developmental lens to youth-led participatory action research: A critical examination and integration of existing evidence. *Youth & Society, 53*(1), 26-53. (First published online in 2019.)
35. \*Yazdani, N., McCallen, L. **Hoyt, L.T.**, & Brown, J. (2021). Predictors of economically disadvantaged vertical transfer students' academic performance and retention: A scoping review. *Journal of College Student Retention: Research, Theory & Practice, 15210251211031184*.
36. Ballard, P.J., Muscatell, K.A., **Hoyt, L. T.**, Flores, A.J., & Mendes, W.B. (2020). An experimental laboratory examination of the psychological and physiological effects of civic empowerment: A novel methodological approach. *Nonprofit and Voluntary Sector Quarterly, 50*(1), 118-142.
37. Cohen, A., **Hoyt, L.T.**, \*Dull, B. (2020). A descriptive study of COVID-19-related experiences and perspectives of a national sample of college students in spring 2020. *Journal of Adolescent Health, 67*, 369-375.
38. \*Gaarde, J., **Hoyt, L.T.**, Ozer, E.J., Harvey, A.G., Gorham, T.P., Deardorff, J., Maslowsky, J., & Kyauk, C. (2020). So much to do before I sleep: A mixed-method study of adolescent-perceived barriers and facilitators to sleep. *Youth and Society. 52*(4), 592-617. (First published online in 2018.)
39. Grzanka, P., Zeiders, K.H., Spengler, E.S., **Hoyt, L. T.**, & Toomey, R. (2020). Do beliefs about sexual orientation predict voting behavior? Results from the 2016 U.S. presidential election *Psychology of Sexual Orientation and Gender Diversity, 7*(3), 241-252.
40. **Hoyt, L. T.**, \*Niu, L., Pachucki, M.C., & \*Chaku, N. (2020). Timing of puberty in boys and girls: Implications for population health. *SSM-Population Health, 10*, 100549.

41. \*Niu, L., Hoyt, L. T., Salandy, A., Nucci-Sack, A., Shankar, V., Strickler, H., Burk, R.D., Schlecht, N.F., & Diaz, A. (2020). The interaction between pubertal timing and childhood maltreatment on risk of Human Papillomavirus Infection among adolescent girls. *Preventative Medicine*, 138, 106126.
42. Zeiders, K. H., Nair, R. L., Hoyt, L. T., Pace, T. W. W., & Cruze, A. (2020). Latino early adolescents' psychological and physiological response during the 2016 U.S. presidential election. *Cultural Diversity and Ethnic Minority Psychology*, 26(2), 169-175.
43. \*Chaku, N., & Hoyt, L. T. (2019). Developmental trajectories of executive functioning and puberty in boys and girls. *Journal of Youth and Adolescence*, 48(7), 1365-1378.
44. Deardorff, J., Hoyt, L. T., Carter, R., & Shirtcliff, E.A. (2019). Next steps in puberty research: Broadening the lens toward understudied populations. *Journal of Research on Adolescence*, 29(1), 133-154.
45. Hoyt, L. T., Sabol, T., \*Chaku, N., & \*Kessler, C. (2019). Family income from birth through adolescence: Implications for positive youth development. *Journal of Applied Developmental Psychology*, 64, 101055.
46. \*Niu, L., Hoyt, L. T., & Pachucki, M. C. (2019). Context matters: Adolescent neighborhood and school influences on young adult body mass index. *Journal of Adolescent Health*, 64(3), 405-410.
47. Ballard, P.J., Hoyt, L. T., & Pachucki, M.C. (2018). Impacts of adolescent and young adult civic engagement on health and socioeconomic status in adulthood. *Child Development*, 90(4), 1138-1154.
48. Hoyt, L. T., Maslowsky, J. Ozer, E.J., Olson, J.S., Deardorff, J., & Harvey, A.G. (2018). Adolescent sleep barriers: Profiles within a diverse sample of urban youth. *Journal of Youth and Adolescence*, 47(10), 2169-2180.
49. Hoyt, L. T., Zeiders, K.H., \*Chaku, N., Toomey, R.B., & Nair, R.L. (2018). Young adults' psychological and physiological reactions to the 2016 U.S. presidential election. *Psychoneuroendocrinology*, 92, 162-169. (Selected as "Editor's Choice" Article.)
50. Hoyt, L. T., Deardorff, J., Marceau, K., Laurent, C., Windham, G., Greenspan, L.C., Pinney, S.M., Teitelbaum, S., Grimm, K.J., Hagan, M., Biro, F.M., Wolff, M.S., Kushi, L.H., & Hiatt, R.A. (2018). Girls' sleep trajectories across the pubertal transition: Emerging racial/ethnic differences. *Journal of Adolescent Health*, 42(4), 496-503
51. Sabol, T. & Hoyt, L. T. (2017). The long arm of childhood: Preschool associations with adolescent health. *Developmental Psychology*, 53(4), 752-763.
52. Hoyt, L. T., Ehrlich, K.B., Cham, H. & Adam, E.K. (2016). Balancing scientific accuracy and participant burden: Testing the impact of sampling intensity on diurnal cortisol indices. *STRESS*, 19(5): 476-485.
53. Hoyt, L. T., Zeiders, K.H., Ehrlich, K.B., & Adam, E.K. (2016). Positive upshots of cortisol in everyday life. *Emotion*, 16(4), 896-904.
54. Ehrlich, K.B., Hoyt, L. T., Sumner, J.A., McDade, T.W., & Adam, E.K. (2015). Quality of relationships with parents and friends in adolescence predicts metabolic risk in young adulthood. *Health Psychology*, 34(9), 896-904.
55. \*Frost, A., Hoyt, L. T., Chung, A.L., & Adam, E.K. (2015). Daily life with depressive symptoms: Gender differences in adolescents' everyday emotional experiences. *Journal of Adolescence*, 43, 132-141.
56. Hoyt, L. T., Craske, M.G., Mineka, S., & Adam, E.K. (2015). Positive and negative affect and arousal: Cross-Sectional and longitudinal associations with adolescent cortisol diurnal rhythms. *Psychosomatic Medicine*, 77(4), 392-401.
57. Hoyt, L. T., & Falconi, A. (2015). Puberty and perimenopause: Reproductive transitions and their implications for women's health. *Social Science & Medicine*, 132, 103-112.
58. Hoyt, L. T., Kushi, L.H., Leung, C.W., Nickleach, D.C., Adler, N., Laraia, B.A., Hiatt, R.A., & Yen, I.H. (2014). Neighborhood influences on girls' obesity risk across the transition to adolescence. *Pediatrics*, 134(5), 942-949.
59. Zeiders, K., Hoyt, L.T., & Adam, E.K. (2014). Associations between everyday discrimination and

diurnal cortisol rhythms: The moderating role of racial-ethnic minority status. *Psychoneuroendocrinology*, 50, 280-288.

60. Hoyt, L.T., Chase-Lansdale, P.L., McDade, T.W., & Adam, E.K. (2012). Positive youth, healthy adults: Does positive well-being in adolescence predict better health in young adulthood? *Journal of Adolescent Health*, 50(1), 66-73.
61. Adam, E. K., Chyu, L., Hoyt, L.T., Doane L.D., Duncan, G., Chase-Lansdale, L., Boisjoly, J., & McDade, T. (2011). Adverse relationship histories and young adult health: The roles of trauma, instability, loneliness and loss. *Journal of Adolescent Health*, 49(3), 278-286.
62. Adam, E.K., Hoyt, L.T., & Granger, D.A. (2011). Diurnal alpha amylase patterns in adolescents: Associations with puberty and momentary mood states. *Biological Psychology*, 88, 170-173.
63. McDade, T., Chyu, L., Duncan, G., Hoyt, L.T., Doane, L.D., & Adam, E.K. (2011). Expectations for the future predict health behaviors in early adulthood. *Social Science & Medicine*, 73(3), 391-398.
64. Jason, L.A., Roesner, N., Porter, N., Parenti, B., Mortensen, J., & Till, L. (2010). Provision of social support to individuals with chronic fatigue syndrome. *Journal of Clinical Psychology*, 66(3), 249-258.
65. Jason, L.A., Porter, N., Shelleby, E., Till, L., Bell, D., Lapp, C., et al. (2009). Severe versus moderate criteria for the new pediatric case definition for ME/CFS. *Child Psychiatry and Human Development*, 40(4), 609-620.

#### Book Chapters

1. Ballard, P.J., Suleiman, A.B., Hoyt, L.T., Cohen, A.K., Ayenekulu, M., & Ebuy, G. (2019). Participatory approaches to youth civic development in multicultural societies. In P.F. Titzmann & P. Jugert (Eds.) *Youth in multicultural societies: New directions for future research and interventions*. Routledge/Psychology Press.
2. Hoyt, L.T. & Brooks-Gunn, J. (2018). Puberty. In B. Frey (Ed.) *The SAGE Encyclopedia of Educational Research, Measurement, and Evaluation* (p. 1330). Thousand Oaks, CA: SAGE Publishing.

#### PRESENTATIONS

---

\* Denotes student author under my mentorship

#### Invited Presentations

1. Hoyt, L.T., Cohen, A.C., & Burke, N.L. (July, 2024). "Economic and Educational Experiences and Disordered Eating among Racially/Ethnically Diverse Emerging Adult Women" for the NIH Office of Research on Women's Health *Diverse Voices: Nutrition and Health Disparities* virtual webinar.
2. Hoyt, L.T., (October, 2023). Adolescent Development in Context. Parent Speaker Series at Smith School. New York, NY.
3. Hoyt, L.T., (January, 2023). Youth Development: Smarter, Healthier, and More Equitable. Invited presentation for the Human Development Department Colloquium at Teacher's College, Columbia. New York, NY.
4. Hoyt, L.T., Zeiders, K.H., Suzuki, S., Cohen, A.K., & Ballard, P.J. (September, 2022). Young adults' disparate experiences of elections and civic engagement: How does sociopolitical stress get under the skin? Invited Symposium "Adolescence and Early Adulthood in Context" at the International Society of Psychoneuroendocrinology Annual Meeting, Chicago, IL.
5. Hoyt, L.T. (November, 2021). Civic engagement and student well-being. Invited Plenary Address at the 2021 Institute for Chief Academic Officers with Chief Student Affairs and Chief Diversity Officers. The Council of Independent Colleges, Louisville, KY.
6. Cohen A.K. & Hoyt L.T. (February, 2021) Young adult college students' health and wellbeing during the COVID-19 pandemic. Maternal and Child Health Workforce Performance Center (Maternal and

- Child Health Bureau). EnRICH webinar: Advancing adolescent and young adult health in the COVID-19 pandemic: Responses and adaptations. Online.
7. Adam, E.K. & Hoyt, L.T. (May, 2020). Researching adolescent stress in the time of COVID-19. Invited virtual presentation to the Fay Lomax Cook Colloquium Series of the Institute for Policy Research, Northwestern University, Evanston, IL.
  8. Hoyt, L.T. (August, 2017). Adolescent development for teachers. Invited presentation at the Explore Public Schools Teacher Training, Brooklyn, NY.
  9. Hoyt, L.T. (March, 2017). From biology to society: Pubertal influences on health. Invited presentation at the CUNY Graduate Center Psychology Colloquia Series, New York, NY.
  10. Hoyt, L.T. (December, 2016). Puberty and emerging health disparities. Invited presentation at the New York Academy of Medicine, New York, NY.
  11. Hoyt, L.T. (January, 2015). From biology to society: Risks and opportunities for health across adolescence. Invited presentation for Human Development and Family Studies at the University of Illinois at Urbana-Champaign, IL.
  12. Hoyt, L.T. & Adam, E.K. (May, 2013). Adolescent stress and positive well-being: Implications for adult health. Invited presentation to the Fay Lomax Cook Colloquium Series of the Institute for Policy Research, Northwestern University, Evanston, IL.

#### Paper Presentations at Professional Conferences

1. \*Rafanello, G., \*DeSosa, J.P., & Hoyt, L.T. (2024, April). Youth development and parent child dynamics in Immigrant Families: A Youth-Led Participatory Action Research Approach. Paper presented at the *Society for Research on Adolescence biennial meeting*, Chicago, IL.
2. \*Rosario, M., \*Osso, F., \*Mulvihill, M., \*Rodriguez, S., \*Amaya, E., & Hoyt, L.T. (April, 2024). Youth-Led Participatory Action Research to Understand and Promote School and Community Belongingness among LGBTQ+ Youth. Paper presented at the *Society of Research on Adolescence Annual Meeting*, Chicago, IL.
3. \*Sarsar, E. D., Zeiders, K. H., Hoyt, L. T., Wilkinson-Lee, A. M., & Landor, A. M. (2024, April). Daily diary study of biculturalism among Latinx adolescents. Paper presented at the *Society for Research on Adolescence Annual Meeting*, Chicago, IL.
4. \*Sarsar, E., Zeiders, K. H., Hoyt, L.T., Wilkinson-Lee A.M., & Landor, A.M. (2023, August). Racial discrimination, coping, diurnal cortisol: A daily diary study among Latinx adolescents in the U.S. Paper presented at the *International Society of Psychoneuroendocrinology*, London, England.
5. Chaku N. & Hoyt, L.T. (2023, August). Understanding puberty and its measurement: Ideas for a maturing field. *International Society of Psychoneuroendocrinology*, London, England. (Chaku & Hoyt; Co-Chairs)
6. Kornbluh, M., Abraczinskas, M., & Hoyt, L.T. (2023, April). Navigating the institutional review board: An ode to developing YPAR scholars who wonder if they can do it. Presented at the *Society for Research on Adolescence*, San Diego, CA.
7. \*Marmolejos, J., Landor, A.M, Zeiders, K.H, Wilkinson-Lee, A. & Hoyt, L.T. (2023, April) Pubertal development, gender, and skin tone as factors that affect perceived parental warmth among Latinx adolescents. *Society of Research on Adolescence (SRA)*, San Diego, CA.
8. \*Osman, K. M., Zeiders, K. H., Wilkinson-Lee, A. M., Landor, A. M., & Hoyt, L.T. (2023, April). Understanding the co-occurrence of colorism and ethnic-racial identity among Latinx adolescents. Paper presented at the *Society for Research on Adolescence (SRA) 2023 Annual Meeting*, San Diego, CA.
9. \*Pathak, A., Sarsar, D. E., Carbajal, S., Hoyt, L.T., Zeiders K.H., Wilkinson-Lee, M., and A., Landor, A.M. (2023, April). Sociocultural Correlates of Sleep Health among Latinx Youth. Paper presented for the *Society for Research on Adolescence (SRA)*, San Francisco, CA.



10. \*Pathak, A., \*Yazdani, N., Hoyt, L.T., Cohen, A., K., (2023, March) Inequalities in Late Adolescents' Sleep Quality during the COVID-19 Pandemic. In Lik G., and Mistry S., (co-chairs), *Sleep During the COVID-19 Pandemic: Evidence Among Adolescents, Young Adults, and Parents*, Paper symposium at the Society for Research in Child Development Biennial Meeting, Salt Lake City, UT.
11. \*Osman, K. M., \*Yazdani, N., \*Forbes, N., \*Romero, E., \*Rosario, V., \*Uribe, J., **Hoyt, L. T.**, Wilkinson-Lee, A. M., Landor, A. M., & Zeiders, K. H. (2022, May). Black Lives Matter movement attitudes and experiences among Latinx families: A mixed method approach. Poster presented at Society for Research in Childhood Development (SRCD) 2022 Special Topic Meeting, Rio Grande, Puerto Rico.
12. \*Sarsar, E., Zeiders, K.H., Wilkinson-Lee, A., & **Hoyt, L.T.**, Landor, A. M. (2022, May). Online racial discrimination and mental health among Latinx adolescents: The moderating role of ethnic-racial identity and self-compassion. Accepted to present at the Special Topics Meeting: Society for Research in Child Development Conference, Rio Grande, Puerto Rico.
13. **Hoyt, L.T.**, Ballard, P.J., \*Yazdani, N., Kornbluh, M., Cohen, A.K., \*Davis, A.L., & Hagan, H.J. (2022, March). College students' sociopolitical stress and well-being during the 2020 U.S. Election. In Middaugh, E. (Chair), *Deciding to speak up: Understanding the risks and rewards of youth civic action and expression in turbulent times*. Paper accepted Society for Research in Adolescence Biennial Meeting.
14. Pachucki, M.C., \*Bae, J., & **Hoyt, L.T.** (2021, October). Examining the role of social cohesion in understanding links between early adversity and adult social status. In M. Pachucki (Chair), *Social relationships: Cohesion, peers and cardiometabolic risk*. Virtual paper symposium at the Interdisciplinary Association for Population Health Science Annual Meeting, State College, PA.
15. \*Sarsar, E., Zeiders, K. H., Pace, T.W., Cook, S., & **Hoyt, L.T.** (2021, September). Mindfulness-based stress reduction: Testing an Intervention among firefighters during the COVID-19 Pandemic. Virtual paper presentation at the International Society of Psychoneuroendocrinology Meeting.
16. \*Quiles T, **Hoyt L.T.**, \*Dotson M.P., \*Maker Castro E., \*May M., Cohen A.K. (2021, June). Inequality is other people': Understanding how emerging adults leverage critical consciousness to reflect and address inequalities related to the COVID-19 pandemic. Virtual paper symposium at the Society for Community Research and Action Biennial Meeting.
17. \*Maker Castro E., \*Dotson .MP., \*Quiles T., \*Mullings I., \*Hammett E., **Hoyt L.T.**, Cohen AK. (2021, June). Constructing an anti-racist digital self: White college students' use of social media during the 2020 Black Lives Matter resurgence. Virtual paper symposium at the Society for Community Research and Action Biennial Meeting.
18. \*Dull, B. & **Hoyt, L.T.** (2021, April). Latent Class Analysis of Racial Socialization and Awareness among White youth. In **L.T. Hoyt** & P.J. Ballard (Co-chairs), *The development of "allyship" and critical action among White people over the lifecourse*. Virtual paper symposium at the biennial meeting of the Society for Research in Child Development.
19. **Hoyt, L. T.**, \*Chaku, N., Zeiders, K. H., \*Niu, L., \*Tynes, M., & Smith, P. (2021, March). Psychobiological functioning during a period of heightened socio-political stress: Implications for young adult health. In M. Sladek (Chair), *Cortisol Responses to Psychosocial Stress Among Ethno-Racially Diverse Adolescents and Young Adults in College*. Virtual paper symposium at the Society for Research in Adolescence Biennial Meeting.
20. \*Chaku, N. **Hoyt, L.T.**, & \*Barry, K. (2021, March). "Exergames" and the adolescent brain: A novel experiment examining the effects of acute exercise on executive functioning. In N. Chaku (Chair), *Embodied cognition: Biological, social and affective influences on executive functioning during adolescence*. Virtual paper symposium at the Society for Research in Adolescence Biennial Meeting.
21. \*Maker Castro, E., \*Quiles T., **Hoyt L.T.**, Cohen AK. (2020, October). The use of Instagram as a tool for racial justice: Exploring youth's content, motivations and experiences using Photovoice methodology. Virtual paper presentation at the Midwest ECO conference.

22. Hoyt, L. T., \*Niu, L., McKay, D., & Ballard, P. (2020, May). Civic engagement disparities among Gen Z college studies and links to well-being. In L. T. Hoyt (Chair), *Risk and protective factors for mental health during national elections*. Symposium at the Association for Psychological Science Annual Convention, Chicago, IL. (Conference canceled due to COVID-19)
23. \*Niu, L., Hoyt, L. T., Shane, J., Zeiders, K. H., & Storch, E. A. (2020, March). Past, present, and future subjective social status: Associations with young adults' psychological well-being. Individual paper at the Society for Research in Adolescence Biennial Meeting, San Diego, CA. (Conference canceled due to COVID-19)
24. Pachucki, M.P., Hoyt, L. T., \*Niu, L., \*Carbonaro, R., Sirard, J., & Chandler, G. (2019, June). How puberty affects activity behaviors and friendships during adolescence. Individual paper presented at the International Network for Social Network Analysis (INSNA), Montreal, Quebec.
25. Hoyt, L.T., Sabol, T., \*Chaku, N., & \*Kessler, C. (2019, March). Investigating the impact of socioeconomic status on adolescent health. In T. Ahmed (Chair), *Youth and inequality: Young people's views, experiences, and responses to socioeconomic status*. Paper presented at the Eastern Psychological Association, New York, NY.
26. \*Chaku, N. & Hoyt, L.T. (2019, March). Exergaming, engagement and executive functioning in young adulthood. Individual paper presented at Eastern Psychological Association, New York, NY. (Selected for "Developmental Papers: Early Researcher" recognition).
27. Hoyt, L.T. (March 2019). Supporting the whole student: Multiple pathways to academic achievement. Symposia presented at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.
28. \*Niu, L., Hoyt, L. T., Salandy, A., Schlecht, N. F., Burk, R. D., & Diaz, A. (2019, March). Pubertal timing, childhood maltreatment, and cervical human papillomavirus infection in urban female adolescents. In R. Carter (Chair), *Addressing race-ethnic related experiences in puberty research*. Paper presented at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.
29. Zeiders, K. H., Nair, R. L., Hoyt, L. T., & Pace, T. W. (September, 2018). Latino adolescents' psychological and physiological response to the 2016 U.S. presidential election. In L.D. Doane (Chair), *Ecologically valid stressors and neuroendocrine activity in the everyday lives of diverse adolescents*. Paper presented at the International Society of Psychoneuroendocrinology. Newport Beach, CA.
30. \*Chaku, N., Hoyt, L., & Zeiders, K. (April, 2018). Young adults' experiences of discrimination and sleep quality in the context of the 2016 presidential election. In M. Sladek (Chair), *Daily diaries and sleep assessment in adolescence and young adulthood: Context matters*. Paper presented at the Society for Research on Adolescence Biennial Meeting, Minneapolis, MN.
31. Hoyt, L.T., Zeiders, K., & \*Chaku, N. (April, 2018) Young adults' psychological and physiological reactions to the 2016 U.S. presidential election. In L.T. Hoyt (Chair), *Politics is more than skin-deep: Implications for young adults*. Paper presented at the Society for Research on Adolescence Biennial Meeting, Minneapolis, MN.
32. Ballard, P.J., Hoyt, L.T., & Pachucki, M.C. (April, 2017). Adolescent relationships with their communities: Impacts on socioeconomic status and health. In K. Ehrlich (Chair), *Social relationships and physical health: Contexts and consequences across development*. Paper presented at the Society for Research in Child Development Biennial Meeting, Austin, TX.
33. \*Chaku, N., Hoyt, L.T., & Sabol, T. (April, 2017). Continuity and change in executive functioning across the transition to adolescence. In K. Marceau (Chair), *Elucidating the Role of Puberty for Neurodevelopment*. Paper presented at the Society for Research in Child Development Biennial Meeting, Austin, TX.
34. Hoyt, L.T., \*Cameron, C., \*Chaku, N, \*McKay, T., & \*Quiles, T. (April, 2017). Amplifying underrepresented voices: Youth-led research on social media. In L.T. Hoyt (Chair), *Youth in action: Engaging adolescents in research and policy*. Paper presented at the Society for Research in Child Development Biennial Meeting, Austin, TX.

35. Hoyt, L.T. & Pachucki, M.C. (September, 2016). Sizing up Peers: A Biopsychosocial study of pubertal influences on health. In J. Maslowsky (Chair), *Adolescence: A critical life period for promoting population health*. Paper presented at the Interdisciplinary Association for Population Health Science Annual Meeting, State College, PA.
36. Hoyt, L.T., Deardorff, J., Marceau, K., Hagan, M., Greenspan, L.C., Windham, G., Grimm, K., Kushi, L.H., & Hiatt, R.A. (May, 2016). Associations between sleep and puberty in girls across the transition to adolescence. In R. Tavernier (Chair), *Predictors of sleep in adolescence: The role of biological and ecological factors*. Paper presented at the Association for Psychological Science Annual Meeting, Chicago, IL.
37. \*Gaarde, J., Hoyt, L.T., Ozer, E.J., Harvey, A.G., Gorham, T.P., Deardorff, J., Maslowsky, J., & Kyauk, C. (March, 2016). Adolescent-perceived influences on sleep: A mixed methods study. In L.T. Hoyt (Chair), *Adolescent sleep health promotion: New findings from three pilot studies*. Paper presented at the Society for Research on Adolescence Biennial Meeting, Baltimore, MD.
38. Hoyt, L.T., Zeiders, K., Ehrlich, K.B., & Adam, E.K. (May, 2015). Transactions among emotion and cortisol activity in naturalistic settings. In G. Luong & F.J. Infura (Co-Chairs), *New insights in stress and well-being research: Biological, methodological, and developmental approaches*. Paper presented at the Association for Psychological Science Annual Meeting, New York, NY.
39. Hoyt, L.T. (May, 2015). An interdisciplinary approach to the multiple determinants of adolescent health. Presentation at the RWJF Health & Society Scholars Annual Meeting, Chapel Hill, NC.
40. Hoyt, L.T., Deardorff, J., Hagan, M., Greenspan, L.C., Windham, G., Harvey, A.G., Laurent, C., Kushi, L.H., & Hiatt, R.A. (March, 2015). Sleep and the transition to adolescence. In J. Maslowsky (Chair) *Predictors and consequences of declining adolescent sleep duration: Physiological, psychological, and historical perspectives*. Paper presented at the Society for Research in Child Development Biennial Meeting, Philadelphia, PA.
41. Hoyt, L.T. (May, 2014). From biology to society: Risks and opportunities for health across adolescence. Presentation at the RWJF Health & Society Scholars Annual Meeting, Detroit, MI.
42. Hoyt, L.T., & Adam, E.K. (March, 2014). Affect, arousal, and cortisol in adolescence. In L.T. Hoyt (Chair) *Embodied experiences: Psychosocial influences on cortisol activity and reactivity during youth*. Paper presented at the Society for Research on Adolescence Biennial Meeting, Austin, TX.
43. Hoyt, L.T., & Adam, E.K. (March, 2014). Beyond storm and stress: The role of positive affect in stress biology. In J. Wolf (Chair), *Stress physiology*. Paper presented at the American Psychosomatic Society Annual Meeting, San Francisco, CA.
44. Hoyt, L.T., Chase-Lansdale, P.L., McDade, T.W., Adam, E.K. (April, 2013). Developmental predictors of adult inflammation: The effects of pubertal timing and positive well-being. In J. Cassidy (Chair) *Psychosocial predictors of immune functioning: A developmental perspective*. Paper presented at the Society for Research in Child Development Biennial Meeting, Seattle, WA.

#### Selected Poster Presentations at Professional Conferences (last 5 years)

1. \*Chen, D., \*De Los Santos, Y., \*Gajarski, N., Maker Castro, E., Hoyt, L.T., & Cohen, A. K. (2024, May). Emerging Adult College Students' Anti-Racist Sociopolitical Development Within and Beyond the Year 2020. [Poster]. Society for Research on Child Development, Panama City, Panama.
2. Martinez-Fuentes, S., Zeiders, K. H., Hoyt, L.T., Landor, A. M., Wilkinson-Lee, A. M (2024, May). *Online discrimination, preparation for bias and Latinx youths' critical consciousness: Moderation by ethnic-racial identity components* [Poster presentation]. Society for Research in Child Development Anti-Racist Developmental Science Summit: Transforming Research, Practices, and Policies, Panama City, Panama.
3. Hoyt, L.T., Bidopia, T., Calderon, L., Gamba, R., Ream, R., Sran, S., Franco, M., Negrea, N., Zavala, C., Rafanello, G., & Cohen, A. K. (2024, April). Recruitment of Diverse Emerging Adults College

- Students: Evidence from a New Longitudinal Study Across Two Hispanic-Serving Institutions. Accepted for the Annual Meeting of the Society for Research on Adolescence.
4. Osman, K. M., Zeiders, K. H., Landor, A. M., Wilkinson-Lee, A. M., Hoyt, L. T., Martinez-Fuentes, S. & Rueda, V. (2024). Racial discrimination and skin tone self-concept on the skin tone satisfaction of Latinx youth. Poster Blitz presented at the Society of Research on Adolescence (SRA), Chicago, IL.
  5. Carbajal, S., Sarsar, E. D., Zeiders, K. H., Hoyt, L. T., Wilkinson-Lee, A. M., & Landor, A. M. (2024, April). Daily diary study of biculturalism among Latinx adolescents. Poster Blitz presented at the Society for Research on Adolescence Annual Meeting, Chicago, IL.
  6. Marmolejos, J., Landor, A.M, Zeiders, K.H, Wilkinson-Lee, A. & Hoyt, L.H. (2024, April). Perceived pubertal timing, skin tone, and psychosocial factors among Latinx adolescents. Society of Research on Adolescence (SRA), Chicago, IL.
  7. Rosario, M., Osso, F., Mulvihill, M., Rodriguez, S., Amaya, E., & Hoyt, L. T. (February, 2024). *Youth-led participatory action research to understand and promote school and community belongingness among LGBTQ+ youth*. Poster presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
  8. Hoyt, L. T., Rosario, M., Osso, F., Rodriguez, A., Amaya, E., & Curtis, C. (February, 2024). *Youth participatory action research 101: An introduction for aspiring YPAR scholars*. Poster presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
  9. \*Johnson, J.B., Versey, H.S., & Hoyt, L.T. (2023, July). *Using an Intersectional Lens to Explore Civic Engagement and Discrimination Among Black Women*. Poster presented at the 7th Biennial American Psychological Association Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race Research Conference in San Diego, CA.
  10. \*Marmolejos, J., Landor, A.M, Zeiders, K.H, Wilkinson-Lee, A. & Hoyt, L.T. (2023, April) Pubertal development, gender, and skin tone as factors that affect perceived parental warmth among Latinx adolescents. Society of Research on Adolescence (SRA), San Diego, CA.
  11. \*Sarsar, E.D., Zeiders, K.H., Hoyt, L. T., Wilkinson-Lee, A., & Landor, A. M. (2023, April). Experiences of police discrimination among Latinx youth: moderating role of social support and gender. Poster presented at the Society for Research on Adolescence, San Diego, CA.
  12. \*Carbajal, S., Zeiders, K. H., Wilkinson-Lee, A. M., Hoyt, L T., & Landor, A. M. (2023, April). Coalescing race, ethnicity, and culture to inform research on US Latinx youth. Society for Research on Adolescence (SRA) Annual Meeting, San Diego, CA.
  13. \*Sarsar, E., Zeiders, K.H., Wilkinson-Lee, A., & Hoyt, L. T., Landor, A. M. (2022, May). Online racial discrimination and mental health among Latinx adolescents: The moderating role of ethnic-racial identity and self-compassion. Accepted to present at the Special Topics Meeting: Society for Research in Child Development Conference, Rio Grande, Puerto Rico.
  14. \*Osman, K. M., Yazdani, N., Forbes, N., Romero, E., Rosario, V., Uribe, J., Hoyt, L. T., Wilkinson-Lee, A. M., Landor, A. M., & Zeiders, K. H. (2022, May). Black Lives Matter movement attitudes and experiences among Latinx families: A mixed method approach. Poster presented at Society for Research in Childhood Development (SRCD) 2022 Special Topic Meeting, Rio Grande, Puerto Rico.
  15. \*Yazdani, N., Hoyt, L.T., & Cohen, A.K. (2021, November). Interactions with faculty predict flourishing and changes in academic engagement among college-going emerging adults during the COVID-19 pandemic. Poster to be presented at The Society for the Study of Emerging Adulthood Annual Meeting, *Virtual Poster Session*.
  16. \*Layman, D., Brown, J. Hoyt, L.T., Leckman-Westin, E., Mirzo, V., Guzman, J. & Khan, F. (2021, August). Predictors of mental health treatment engagement and mental health outcomes among low-income BIYOC. Paper presented at the American Psychological Association Conference, *Virtual Poster Session*. (Selected as top student poster for Division 12.)

17. Pachucki, M.P., \*Bae, Y., Hoyt, L. T., Sirard, J., & Chandler, G. (2021, May). The ‘long arm’ of pubertal timing and networks: Peer perceptions of development among youth are associated with elevated adult cardiometabolic risk. Poster presented at the Population Association of America, *Virtual Poster Session*.
18. \*Sancilio, A., Hoyt, L.T., McDade, T.W., \*Dull, B., Cohen, A.K. (2021, March). Predictors of seroprevalence of SARS-CoV-2 antibodies in American college students. Poster presented at the Human Biology Association Annual Meeting, *Virtual Poster Session*.
19. \*Chaku, N. **Hoyt, L. T.**, & \*Barry, K. (2021, March). Understanding heterogeneity in executive functioning during adolescence: Implications for positive development. Poster presented for the Society for Research on Adolescence Biennial Meeting, *Virtual Poster Session*.
20. \*Chaku, N., **Hoyt, L. T.** (September, 2020). Beyond the dual hormone hypothesis: Understanding risky and prosocial behavior in adolescence. Poster presented at the International Society of Psychoneuroendocrinology, *Virtual Poster Session*.
21. \*Allen, B., **Hoyt, L. T.**, \*Dull, B. (2020, May). The relationship between personality, social media use, and well-being in young adults. Poster presented at the Association for Psychological Science Annual Convention, *Virtual Poster Session*.
22. \*Chaku, N. & Hoyt, L.T. (2020, May). Reinterpreting a popular measure: What is the balloon analogue risk task measuring? Poster presented at the Association for Psychological Science Annual Convention, *Virtual Poster Session*. (**Selected for APS Student Research Award**).
23. \*Barry, K., **Hoyt, L. T.**, \*Chaku, N., Anderson, G., & Ballard, P.J. (2020, May). Meaningful social roles for adolescents. Poster presented at the Association for Psychological Science Annual Meeting, *Virtual Poster Session*.
24. \*Dull, B.D., **Hoyt, L. T.**, Zeiders, K.H., & Grzanka, P.R. (2020, May). Pathways to civic action for racially privileged emerging adults: Social responsibility as a moderator. Poster presented at the Association for Psychological Science Annual Meeting, *Virtual Poster Session*. (**Selected for Psi Chi APS Convention Society Student Research Award.**)
25. \*Akhter S., **Hoyt L.T.**, \*Niu L., Yip T., & \*Barry K. (2020, May). Risk and protective factors for South Asian young adults’ use of mental health services. Poster accepted for the Association for Psychological Science Annual Meeting, Chicago, IL. (Conference cancelled due to COVID-19)
26. \*Nika T., \*Barry K., \*Chaku N., & **Hoyt L.T.** (2020, May). Parental education and its implications for executive functioning in adolescence. Poster presented at the Association for Psychological Science Annual Meeting, Chicago, IL. (Conference cancelled due to COVID-19)
27. \*Barry K., \*Chaku N., & **Hoyt L.T.** (2020, March) Biological, cognitive, and psychosocial predictors of depressive symptomology in a diverse sample of New York City adolescents. Poster accepted for the Society for Research on Adolescence Biennial Meeting, San Diego, CA. (Conference cancelled due to COVID-19)
28. \*Barry K., \*Chaku N., & **Hoyt L.T.** (2020, March). The longitudinal effects of puberty, self-control, and conflict in depressive symptomology in early adolescence. Poster accepted for the Society for Research on Adolescence Biennial Meeting, San Diego, CA. (Conference cancelled due to COVID-19)
29. \*Dull, B.D, **Hoyt, L. T.**, Zeiders, K.H, & Grzanka, P.R. (2020, March). Racial Privilege and Civic Engagement: Can White Guilt be Turned into Action? Poster accepted for the Society for Research on Adolescence Biennial Meeting, San Diego, CA. (Conference cancelled due to COVID-19)
30. \*Mendonca, R., \*Chaku, N., & **Hoyt, L. T.** (2020, March). Exploring weight indicators, peer influence, and emotional well-being in adolescents. Poster accepted for the Society for Research on Adolescence Biennial Meeting, San Diego, CA. (Conference cancelled due to COVID-19)

## TEACHING

---

### Undergraduate Level

Participatory Action Research (PSYC 3510), Fordham University (2021-present)  
Health Psychology (PSYC 3100), Fordham University (2017-2018)  
Foundations of Psychology (PSYC 1200), Fordham University (2015-2022)

### Graduate Level

Developmental Psychology: Foundations (PSYC 6300), Fordham University (2017-present)  
Applied Developmental Psychology Practicum (PSYC 8350), Fordham University (2016-present)

## MENTORING

---

### Graduate Students

**Francesco Osso**, 2024-present (Doctoral Program in Applied Developmental Psychology)  
**Jiwoon Bae**, 2024-present (Doctoral Program in Applied Developmental Psychology)  
**Angelica Vega**, 2023-present (Doctoral Program in Applied Developmental Psychology)  
**Jasmine Johnson**, 2021-present (Doctoral Program in Applied Developmental Psychology)  
Ford Fellowship Honorable Mention 2023  
**Ayurda Pathak**, 2021-2023 (Clinical Research Master's Program)  
**Brandon Dull**, 2019-2021 (Master's in Applied Developmental Psychology)  
Psi Chi APS Convention Society Student Research Award, 2020  
**Kelly Barry**, 2018-2020 (Clinical Research Master's Program)  
**Li Niu**, 2016-2020 (Doctoral Program in Applied Developmental Psychology)  
NIH OBSSR Matilda White Riley Early Stage Investigator Paper Award, 2020  
IAPHS Student Scholarship, 2019  
**Natasha Chaku**, 2015-2020 (Doctoral Program in Applied Developmental Psychology)  
APS Convention Society Student Research Award, 2020  
American Association of University Women Dissertation Fellowship, 2019  
SRCD SECC Dissertation Award, 2018  
Millennium Scholar, Society for Research in Child Development, 2017  
Phi Kappa Phi Honor Society, 2017  
Alpha Sigma Nu Honor Society, 2016

### Co-Mentor (i.e., not primary mentor)

**Nicola Forbes**, 2020-2023 (Doctoral Program in Applied Developmental Psychology)  
**Neshat Yazdani**, 2020-2023 (Doctoral Program in Applied Developmental Psychology)

### Master's Theses and Dissertations

#### *Chair*

Jasmine Johnson, Applied Developmental Psychology	M.A. (2023)
Ayurda Pahtak, Clinical Research Methods	M.A. (2023)
Brandon Dull, Applied Developmental Psychology	M.A. (2021)
Kelly Barry, Clinical Research Methods	M.S. (2020)
Natasha Chaku, Applied Developmental Psychology	M.A. (2017); Dissertation (2020)
Li Niu, Applied Developmental Psychology	M.A. (2017); Dissertation (2020)

*Committee Member*

Sheniqua Jeffrey	Dissertation, In progress
Erzulie Coquillon, Clinical	Dissertation, In progress
John Samuels, Clinical	Dissertation, In progress
Jiwoon Bae, Applied Developmental	M.A. Thesis, Completed 2023
Neshat Yazdani, Applied Developmental	Dissertation, Completed 2023
Samantha Adeslberg, Clinical	Dissertation, Completed 2020
Lewis Leone, Clinical Research Master's	M.A. Thesis, Completed 2020
Francesca Falzarano, Applied Developmental	Dissertation, Completed 2019
Shixin Fang, Applied Developmental	Dissertation, Completed 2018
Abigail Wren, Clinical	Dissertation, Completed 2018
Charles Ray, Clinical Research Master's	M.A. Thesis, Completed 2018
Stephanie Hicks, Applied Developmental	Dissertation, Completed 2017
Kristen Tobias, Clinical	Dissertation, Completed 2017
Sandra Donnay, Applied Developmental	Dissertation, Completed 2016
Yi Shi, Applied Developmental	Dissertation, Completed 2016
Xiaoming Liu, Applied Developmental	Dissertation, Completed 2015

Mentored Undergraduate and Post-Bacc Research Assistants in the 3D Lab

Ashley Acosta (2024-present)	Emily Romero (2021-2022)
Leslie Alvarez (2024-present)	Jordan Uribe (2021-2022)
Nia King (2024-present)	Roscoe Garner IV (2019-2021)
Stephania Lopez (2024-present)	Tereze Nika (2018-2021)
Paola Galiano (2023-present)	Shubarna Akhter (2018-2020)
Ayya Omar (2023-present)	Bryce Allen (2018-2020)
Nia Scott (2023-present)	Simona Biundo (2019-2020)
Matthew Santamaria (2023-present)	Tomas Gonzalez (2018-2019)
Sade Henriquez (2023-present)	Rodolfo Keesey (2016-2020)
Anastasia Pezza (2023-2024)	Josephine Larbi (2018-2019)
Abigail Tillinghast (2023-present)	William Schmidt (2018-2020)
Giovanna Rafanello (2022-present)	Itunu Ademoyo (2017-2019)
Francesco Osso (2022-2024)	Rochelle Mendonca (2017-2019)
Brayan Zhao (2022-2023)	Konrad Zawojwski (2017-2018)
Sierra Przystal (2021-present)	Nemesis Dipre (2016-2018)
Amalia Sordo Palacios (2021-present)	Fatima Khan (2016-2019)
Diana Escoldi (2022-present)	Lea Nguyen (2016-2018)
Ethan Hammett (2020-present)	Taina Quiles (2016-2018)
Isaac Mullings (2020-present)	Maggie Senft (2016-2017)
Maria Rosario (2021-present)	Michael Tynes (2016-2018)
Violeta Rosario (2020-present)	Tiffany McKay (2015-2017)
Brigitte Gibbs (2019-2022)	Jennifer Salop (2015-2017)

Senior Thesis Projects

*Chair*

Nia King (2024-2025)	Chase Behar (2021-2022)
Diana Escoldi (2023-2024)	Tereze Nika (2020-2021)
Maria Rosario (2023-2024)	Shubarna Akhter (2019-2020)
Sierra Przystal (2022-2023)	Bryce Allen (2019-2020)
Giovanna Rafanello (2022-2023)	Simona Biundo (2019-2020)

Itunu Ademoyo (2018-2019)  
Rochelle Mendonca (2018-2019)  
Taina Quiles (2017-2018)  
Nemesis Dipre (2017-2018)

Erin Shanahan (2017-2018)  
Michael Tynes (2016-2017)  
Maggie Senft (2016-2017)

## SERVICE

---

### Editorial Board Membership

*Editorial Board Member*, Comprehensive Psychoneuroendocrinology (2023-present)  
*Editorial Board Member*, Journal of Youth and Adolescence (2017-present)  
*Consulting Editor*, Journal of Research on Adolescence (2016-2023)

### Ad Hoc Reviewer

Adaptive Human Behavior and Physiology	Journal of Adolescent Health
AERA Open	Journal of Family Issues
Biological Psychology	Journal of Family Psychology
Child Development	Health Education Journal
Comprehensive Psychoneuroendocrinology	Health Psychology
Emerging Adulthood	Psychoneuroendocrinology
International Journal of Behavioral Development	Review of General Psychology
Infant and Child Development	Social Science & Medicine
Journal of Adolescence	Youth & Society

### Other Professional Service

*Reviewer*, Society for Research on Child Development Biennial Meeting (2024)  
*Reviewer*, Society for Research on Adolescence Biennial Meeting (2021-present)  
*Reviewer*, NIH Social Sciences and Population Studies A (SSPA) Study Section (2022)  
*Review Panel Co-Chair*, Society for Research on Adolescence Biennial Meeting (2021)  
*Interdisciplinary Committee Member*, Society for Research on Adolescence (2018-present)  
*Mentoring Committee Member*, Interdisciplinary Association for Population Health Science (2019-2023)  
*Research Advisor*, Sport for Good Research Council, Laureus USA (2019-2020)  
*Mentor/Mentee Reviewer Program*, Society for Research on Adolescence (2019)  
*Mentor/Mentee Reviewer Program*, Society for Research on Child Development (2018)  
*Invited blogger*, Emerging Scholar Blog for the Society for Research on Adolescence (2014-2016)

### University/Department Service

*Chair*, Fordham Psychology Department DEI Council (2024-present)  
*Director*, Applied Developmental Psychology Doctoral Program (2024-present)  
*Member*, ICC Committee (2024-present)  
*Associate Chair of Undergraduate Studies at Rose Hill*, Psychology (2022-2024)  
*Co-chair*, Faculty Mentoring Committee (2022-2023)  
*Member*, Applied Developmental Psychology Tenure-Track Assistant Professor Search Committee (2022-2023)  
*Chair*, Applied Developmental Psychology Tenure-Track Assistant Professor Search Committee (2021-2022)  
*Faculty Representative*, ADP Executive Council (2021-2022)  
*Major Advisor*, academic advising to ~ 20 psychology majors/year (2017-present)  
*Core Advisor*, academic advising to ~ 20 freshmen/year (2016-2022)  
*Core Curriculum Committee*, Science Sub-Committee (2016-present)



*Distinguished Fellowships Committee, Psychology Department (2019- 2020)*  
*Merit Committee Member (2016-2017)*  
*Member, Social Psychology Tenure-Track Assistant Professor Search Committee (2019-2020)*  
*Teacher Training Committee Member, Psychology Department (2017-2021)*  
*Psychology Research Colloquia Series Co-Chair (2017-2020)*  
*Member, Clinical Psychology Tenure-Track Assistant Professor Search Committee (2017-2018)*

#### Community Service

*Board of Directors, All Hallows High School (2024-present)*  
*Mentor and Instructor, Science and Technology Entry Program, Fordham University (2015-present)*  
*Reviewer, Bezos Scholarship Program (2019-2020)*  
*Volunteer, Science mentor, Health Professions & Human Services High School, New York, NY (2015-2017)*  
*Volunteer, Science mentor at Phillip & Sala Burton Academic High School, San Francisco, CA (2013-2014)*  
*Consultant, Y.O.U. (Youth Organizations Umbrella, Inc.) Evanston, IL (2008-2013)*

#### **PROFESSIONAL AFFILIATIONS**

---

Association for Psychological Science (APS); Interdisciplinary Association for Population Health Science (IAPHS); International Society for the Study of Behavioural Development (ISSBD); International Society of Psychoneuroendocrinology (ISPNE); Society for Research on Adolescence (SRA); Society for Research on Child Development (SRCD)